

APPLICANT NAME _____

**CORE CURRICULUM SUMMARY
LAMFT OR LMFT**

**“B” Grade or above required in each of the required 60 Semester Graduate Hours.
BRICK-MORTAR (traditional in-classroom) AND DISTANCE LEARNING COURSES
ACCEPTED IF COURSES MEET THE STANDARDS ADOPTED BY THE BOARD**

The AAMFT embraces a family systems perspective of human and family development and of the treatment of both individual and family problems. The following five areas are deemed essential educational training for the practice of marriage and family therapy.
Course Equivalents: 3 semester credits; or 4 quarter credits; or 45 didactic contact hours (lecture hours)

MARRIAGE AND FAMILY STUDIES (9 Hour Minimum/3 Courses)

Courses in this area should present a fundamental introduction to systems theory. Courses should address a wide variety of family structures and a diverse range of contemporary issues, which include but are not limited to gender, violence, addictions, and abuse from a relational/systemic perspective. Examples of courses: systems theory, family development, family subsystems, blended families, gender issues in families, cultural issues in families, family violence, family communications, etc. *Survey or overview courses in which systems is one of several theories covered are not acceptable in this area.. Courses in which systems theory is the major focus and other theories of individual or families are studied in relation to systems theory are appropriate.*

Course #	Institution	Course Title
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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK

MARRIAGE AND FAMILY THERAPY (9 hour minimum/3 courses)

Courses in this area should have a major focus on advanced family systems theories with their therapeutic interventions. This area is intended to provide a substantive understanding of the major theories of systems change and the applied practices evolving from each theoretical orientation. Examples of courses: strategic therapy, intergenerational family therapy, systemic sex therapy, etc
Survey, or overview course, in which family therapy is one of several types of theories covered are not acceptable.

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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK

HUMAN DEVELOPMENT (9 Hour minimum/3 courses)

Courses in this area should provide knowledge of individual personality development and its normal and abnormal manifestations. The student should have relevant coursework in human development across the life span that includes special issues that effect an individual's development (i.e., culture, gender and human sexuality). This material should be integrated with systems concepts. Examples of courses: human development, cross-cultural studies, child/adolescent development, human sexuality, personality theory, etc. *One of these 3 courses must include Psychopathology.*

Test and measurement courses are not accepted toward this area.

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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK

ASSESSMENT (3 Hour minimum)

Courses in this area address the use of formal and informal assessment of individual, relationship, family, and systemic factors including the assessment and treatment of major mental health issues. Individual assessment includes standard individual cognitive, emotional, behavioral, and social instruments.

Assessment of systemic factors includes valid relational, structural, and family functioning instruments.

NOTE: under Arkansas law, Projective techniques in the assessment of personality are not permitted for Counselors under this license. Act 593 of 1979, 17-27-102, (7)(B) and (8)(B), found in ACA page 273 of 09/03/02.

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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK

PROFESSIONAL ETHICS (3 Hour minimum)

Courses in this area are intended to contribute to the professional development of the therapist. Areas of study should include the therapist's legal responsibilities and liabilities, professional ethics as a marriage and family therapist from AAMFT's Code of Ethics, professional socialization, and the role of the professional organization, licensure or certification legislation, independent practice and inter-professional cooperation.

Religious ethics courses, philosophy or moral theology courses are not accepted toward this area.

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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK

RESEARCH (3 Hour minimum)

Courses in this area should assist students in understanding and performing research and include significant material on research in couple and family therapy. Course examples: research methodology, quantitative methods and statistics, qualitative research, etc.

Individual personality, test and measurement, and library research courses are not accepted toward this area.

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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK

PSYCHOPHARMACOLOGY (3 Hour minimum)

The physiological/medical aspects of mental illness and the medications that are used to treat specific common disorders are examined. Content includes basic classifications, indications, and contradictions of commonly prescribed psychopharmacological medications so that appropriate referral can be made for medication evaluations and identifying effects and side effects of such medications.

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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANT LEARNING COURSE WORK

PRACTICUM/INTERNSHIPS (9 Hour Practicum/Internships)

Applicants must complete a minimum 1-year practicum (500 hours of client contact with individuals, couples and families). The direct client contact hours must have been supervised by site supervisors assigned by the university in addition to the university's faculty's supervision.

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TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK

Credential Evaluation Services

International graduate degree(s) must be submitted with an English translation and certificate from a credential evaluation service and approved by the Board. These agencies must certify that the foreign degree is equivalent to a United States graduate degree. All costs for this certification are the responsibility of the applicant. For a list of services, please contact the National Association of Credential evaluation Services, Inc at (414)289-3400.

Approved _____ Denied _____
Signature Signature

Descriptions adapted from Version 10.2
Commission on Accreditation for Marriage and Family Therapy Education of the American Association for
Marriage and Family Therapy
112 South Alfred Street, Alexandria, VA 22314-3061
Phone: (703) 838-9808. Fax (703) 838-9805
Home Page: <http://www.aamft.org>

The requirements above are for the Arkansas Marriage and Family Therapy License only. See AAMFT (American Association for Marriage and Family Therapy Clinical Membership) for national Clinical Membership requirements (WWW.AAMFT.ORG)

Revised on 06/05/06